

**Flower Mound  
XC/Track Booster Club**

**Meeting Minutes for September 3, 2013**

Alicia Waterman (Vice President) called the membership meeting of the FMHSCCTBC to order at 7:00pm in the absence of Dan Hamstra (President). Quorum was established.

**President's Report** – Alicia Waterman:

Reminder... if you have not yet joined the booster club, please do so. Membership can be paid either by check or online through Flip dog who provides our spirit wear. A link can be found on the FMHS running web site.

Flower Mound Invitational will be held on Saturday, September 14<sup>th</sup>. Details were provided by Sam VanScoyoc (co-chair). The course has been reworked from last year and there will be a separate start and finish line. Volunteers are needed and encouraged to sign up online. The course will be set up on Friday starting around 10:30am. The start time will be Saturday at 8am. Some high school students have been recruited to volunteer as well.

The Nike (out of town meet) will be held on October 5<sup>th</sup>. An email with more information will be sent to those athletes who qualify. The cost is \$40 per athlete and money may be turned into Coach Dalek.

**Treasury Report** – Tony Espisito:

Income includes our Sonic fundraiser of \$1005.18, dues, spirit wear and Tom Thumb rewards. Expenses over the summer were for the picnic and uniforms. Current balance in account is \$11,687.85

Important upcoming dates include:

FM Invitational – September 14  
Nike Meet – October 5  
District Meet October 26  
Banquet – December 7<sup>th</sup> or 14<sup>th</sup>

**Coach's Report** – Andrew Cook:

We have about 60 athletes this year and have completed two meets; the Greenhill Relays and the Marcus invitational. Next meet is the Pioneer Trail Run on September 7<sup>th</sup>. Team dynamics are good and there is strong student leadership. There is focus on both the boys' and girls' teams and injuries are minimal.

Reminders to our athletes are to get good rest/sleep, stay hydrated and nutrition. There was a discussion of ways to increase participation in XC in the future including plans to promote the sport through the middle and elementary schools. A suggestion was also made to include XC meet information on Friday announcements.

Motion was made by Sam VanScoyoc to adjourn the meeting. Scott Sanderson seconded it, with no objections the meeting was adjourned at 8:02pm.