FMHS TRACK AND FIELD

AREA TRACK MEET 4/20-4/21

Thursday, April 20th, 2017

10:00 a.m.	**3200 meter run girls - Fairchild**	
10:20 a.m.	**3200 meter run boys - Maier**	
1:15 p.m.	Students dismissed from class	
1:30 p.m.	Depart for Northwest Texan Stadium	
3:00 p.m.	**Long Jump**	**(Girls / Boys) - Deary**
	Pole Vault	**(Boys / Girls) - Smith**
	Discus	(Girls / Boys)

Friday, April 21st, 2017

10:00 a.m.	Dismissed from class (Deary,Pottorff,Adeyemi)	
10:15 a.m.	Depart for Northwest Texan Stadium	
12:00 p.m.	**Triple Jump**	**(Girls / Boys) - Pottorff, Deary**
	High Jump	**(Boys / Girls) - Adeyemi**
	Shot	(Girls / Boys)
1:30 p.m.	Depart for Northwest Texan Stadium	
3:00 p.m.	Running Finals (Girls / Boys)	

3:00 p.m.	4x100m Relay
3:20 p.m.	800m Run
3:40 p.m.	**100m/110m Hurdles - Adeyemi,Pottorff, Roberts,Johndrow**
4:00 p.m.	**100m Dash - Bregard, Kelley**
4:20 p.m.	**4x200m Relay - Pace, Bregard, Odorisio, Kelley, Alt. Salmon**
4:40 p.m.	400m Dash
5:00 p.m.	**300m Hurdles - Adeyemi,Pottorff,Roberts,Johndrow,Mcafee**
5:20 p.m.	200m Dash

5:40 p.m.	**1600m Run- Fairchild, Maier**
6:00 p.m.	**4x400m Relay- Pottorff, Ferland, Zubrick, Adeyemi Alt. Fairchild**

LOCATION

Northwest Texan Stadium
1937 Texan Dr, Justin, TX 76247

MEET CHECKLIST

Uniform top and shorts, team shirt, bag, warm-up suit, spikes, extra socks, food, water

DROP THE HAMMER!!!