FMHS Cross Country Top 25 by Class

Boys 5000M

Time	Senior	Year	Time	Junior	Year	Time	Sophomore	Year	Time	Freshman	Year
14:53	Connor Adams	2009	15:29	Brett Olson	2002	14:43	Alexander Maier	2016	15:50	Brett Olson	2000
15:25	Brett Olson	2003	15:31	Connor Adams	2008	15:53	Nathan Milles	2004	16:05	Johnathan Flint	2016
15:29	J.B. Lagos	2005	15:44	J.B. Lagos	2004	15:59	Brett Olson	2001	16:15	Alexander Maier	2015
15:29	Nathan Milles	2006	15:45	Payton Ash	2016	16:05	Anthony D'Ambrosio	2003	16:28	Nick Dawson	2000
15:30	Zachariah Hamstra	2013	15:48	Anthony D'Amborsio	2004	16:06	J.B. Lagos	2003	16:33	Zach Hamstra	2010
15:38	Wesley Ward	2013	15:49	Wesley Ward	2012	16:07	Wesley Ward	2011	16:38	Nathan Milles	2003
15:42	Marc D'Ambrosio	2005	15:49	Zachariah Hamstra	2012	16:11	Zachariah Hamstra	2011	16:46	Payton Ash	2014
15:42	Robert Zeller	2009	15:58	Luke Maddox	2014	16:20	Payton Ash	2015	16:47	J.B. Lagos	2002
15:42	Jonathan Wyatt	2010	15:58	Marc D'Ambrosio	2004	16:21	Jonathan Wyatt	2008	16:51	Jonathan Wyatt	2007
15:49	Anthony D'Ambrosio	2005	16:00	Jonathan Wyatt	2009	16:22	Carter Moates	2015	17:01	Jarrett Kirk	2016
15:51	Michael Romero	2016	16:01	Riley Peninger	2015	16:33	Connor Adams	2007	17:27	Marc D'Ambrosio	2002
15:56	Nicholas Romanow	2016	16:11	Drew McRae	2011	16:33	Drew Sanderson	2012	17:28	Tyler Park	2009
15:58	Isaac Qureshi	2010	16:12	Michael Romero	2015	16:35	Michael Romero	2014	17:32	Drew Sanderson	2011
15:58	Luke Maddox	2015	16:13	Nathan Milles	2005	16:41	Drew McRae	2010	17:44	Connor Adams	2006
15:59	Curtis Patton	2008	16:14	Ben Hicks	2005	16:43	Logan Culotta	2004	17:45	Edward Marcoe	2015
16:04	Logan Culotta	2006	16:15	Nick Romanow	2015	16:47	Jacob Milles	2008	17:46	Tristan Spencer	2011
16:05	Jeff Grassley	2002	16:18	Jeff Grassley	2001	16:59	Nick Dawson	2001	17:50	Michael Teeple	2007
16:06	Drew McRae	2012	16:18	Jack Ramstad	2005	17:02	Luke Maddox	2013	17:58	Drew McRae	2009
16:09	Caleb Hughes	2016	16:21	Carter Moates	2016	17:05	Nathanael Villalon	2016	17:58	Carter Motes	2014
16:10	Jason Penland	2002	16:22	Curtis Patton	2007	17:06	Tyler Park	2010	17:59	Ty Snowden	2012
16:11	Jacob Milles	2010	16:27	Evan Epps	2011	17:07	Isaac Qureshi	2008	18:03	Jacob Milles	2007
16:16	Ben Hicks	2006	16:32	Logan Culottta	2005	17:08	Riley Peninger	2014	18:04	Michael Romero	2013
16:17	Jack Ramstad	2006	16:33	Isaac Qureshi	2009	17:08	Eddie Marcoe	2016	18:05	Alex Leon	2009
16:17	Nick D'Ambrosio	2015	16:33	Dmitry Nechiporenko	2013	17:10	Tim Henry	1999	18:07	Edward Norvell	2016
16:21	Nick Dawson	2003	16:39	Nicholas D'Ambrosio	2014	17:11	Caleb Hughes	2014	18:09	Isaac Qureshi	2007
									18:09	Thomas Romanow	2016

Girls 5000M

Time	Senior	Year	Time	Junior	Year	Time	Sophomore	Year	Time	Freshman	Year
17:58	Safiya Belbina	2014	17:54	Safiya Belbina	2013	18:02	Safiya Belbina	2012	18:18	Anastaysia Davis	2015
18:18	Rebecca Jacobson	2014	18:28	Grace Graves	2015	18:22	Rebecca Jacobson	2012	18:55	Josephine Knight	2015
18:32	Taylor Light	2010	18:36	Laura Fairchild	2016	18:31	Catalina Uriarte	2012	19:07	Safiya Belbina	2011
18:34	Emma Lewis	2015	19:05	Allie Wyatt	2006	18:59	Allie Wyatt	2005	19:13	Allie Wyatt	2004
18:45	Connor Ward	2010	19:07	Rebecca Jacobson	2013	19:05	Laura Fairchild	2015	20:09	Emma Arterbury	2015
18:56	Grace Graves	2016	19:08	Brittany White	2012	19:09	Grace Graves	2014	20:09	Sydney Corbett	2016
19:08	Cassidy Allen	2013	19:18	Katie Kinser	2006	19:21	Emma Arterbury	2016	20:14	Catalina Uriarte	2011
19:19	Allie Wyatt	2007	19:19	Kirsten Zeller	2011	19:26	Kirsten Zeller	2010	20:21	Alex Vigil	2009
19:24	Kirsten Zeller	2012	19:26	Jessica Kenney	2011	19:38	Katie Bouton	2010	20:29	Laura Lamb	2015
19:26	Clara Poston	2008	19:46	Connor Ward	2009	19:43	Cassidy Allen	2011	20:44	Allison Esposito	2011
19:27	Catalina Uriarte	2014	19:47	Jessica Marosy	2015	19:52	Jessica Marosy	2014	20:52	Alexis Cortez	2015
19:28	Michelle Gallegos	2004	19:54	Cassidy Allen	2012	19:58	Allison Esposito	2012	20:55	Symantha Lawrence	2013
19:29	Brittany White	2013	19:59	Catalina Uriarte	2013	20:00	Augusta Wise	2005	20:57	Ariel Esposito	2014
19:37	Katie Bouton	2012	20:06	Kristen Moore	2009	20:00	Anastaysia Davis	2016	20:58	Ashley Waterman	2009
19:44	Alex Delvaux	2005	20:11	Emma Lewis	2014	20:22	Dana Ramstad	2007	21:01	Augusta Wise	2004
20:03	Anna Grady	2012	20:19	Martha Adams	2012	20:25	Connor Ward	2008	21:02	Connor Ward	2007
20:08	Ashley Waterman	2012	20:20	Kelsey Viertel	2010	20:29	Laura Lamb	2016	21:06	Brooke Ninowski	2004
20:19	Jessica Kenney	2012	20:21	Ashley Waterman	2011	20:37	Ashley Waterman	2010	21:10	Alyssia Nguyen	2015
20:02	Erin Moore	2014	20:23	Clara Poston	2007	20:40	Britanny White	2011	21:13	Rebecca Jacobson	2011
20:32	Ashley McDaniel	2004	20:24	Alana Bittner	2012	20:40	Caitlin Dever	2015	21:13	Shelby Stockton	2012
20:35	Allison Esposito	2014	20:28	Vassi Gianitsos	2015	20:47	Elaina Knight	2015	21:20	Kirsten Zeller	2009
20:39	Tiffany Pena	2005	20:41	Allison Esposito	2013	20:47	Anna Grady	2010	21:26	Emi Thomas	2016
20:39	Vassi Gianitsos	2016	20:41	Ariel Esposito	2016	20:48	Kristen Moore	2008	21:37	Kelsey Viertel	2008
20:41	Dana Ramstad	2009	20:43	Jenine Abedrabbo	2008	21:14	Ariel Esposito	2015	21:49	Jessica Marosy	2013
20:44	Sarah Fairchild	2015	20:44	Dana Ramstad	2008	21:15	Shelby Stockton	2013	21:57	Lauren Jagers	2001
			20:44	Meagan Hoffman	2016						

Girls 3200M

Time	Senior	Year	Time	Junior	Year	Time	Sophomore	Year	Time	Freshman	Year
11:06	Connor Ward	2010	11:16	Michelle Gallegos	2003	11:39	Allie Wyatt	2005	11:10	Safiya-Hana Belbina	2011
11:19	Taylor Light	2010	11:31	Kirsten Zeller	2011	11:41	Cassidy Allen	2011	11:37	Allie Wyatt	2004
11:28	Allie Wyatt	2007	11:33	Connor Ward	2009	11:44	Michelle Gallegos	2002	11:41	Catalina Uriarte	2011
11:29	Michelle Gallegos	2004	11:36	Jessica Kenney	2011	11:45	Kat Bouton	2010	11:54	Alex Vigil	2009
11:36	Clara Poston	2008	11:39	Allie Wyatt	2006	11:46	Kirsten Zeller	2010	12:02	Rebecca Jacobson	2011
11:57	Alex Delvaux	2005	11:42	Dana Ramstad	2008	11:58	Augusta Wise	2005	12:08	Micah Stephens	2001
12:00	Amanda Barth	2002	11:49	Katie Kinser	2006	12:08	Ashley McDaniel	2002	12:10	Alana Bittner	2010
12:02	Dana Ramstad	2009	11:50	Kristen Moore	2009	12:11	Connor Ward	2008	12:12	Kirsten Zeller	2009
12:07	Lauren Jagers	2003	11:59	Ashley McDaniel	2003	12:12	Alex Delvaux	2003	12:13	Ashley McDaniel	2001
12:16	Lindsay Deal	2003	11:59	Tiffany Pena	2004	12:12	Dana Ramstad	2007	12:14	Brooke Ninowski	2004
12:21	Augusta Wise	2007	12:07	Kelsey Viertel	2010	12:12	Kristen Moore	2008	12:18	Michelle Gallegos	2001
12:26	Kelsey Viertel	2011	12:09	Amanda Barth	2001	12:13	Lindsay Deal	2001	12:23	Ashley Waterman	2009
12:28	Marissa Mathews	2011	12:09	Kat Bouton	2011	12:17	Lauren Jagers	2001	12:25	Augusta Wise	2004
12:29	Ashley McDaniel	2004	12:10	Ashley Waterman	2011	12:17	Tiffany Pena	2003	12:25	Alli Esposito	2011
12:33	Tiffany Pena	2005	12:15	Taylor Light	2009	12:17	Brittany White	2011	12:33	Danica Gregory	2005
12:33	Katie Kinser	2007	12:21	Clara Poston	2007	12:20	Anna Grady	2010	12:38	Kelsey Viertel	2008
12:33	Shelby Wiedrich	2010	12:22	Alicia Pico	2011	12:26	Ashley Waterman	2010	12:40	Kat Bouton	2009
12:46	Megan Deal	2004	12:24	Alex Delvaux	2004	12:29	Taylor Light	2008	12:44	Alicia Pico	2009
12:53	Jenine Abedrabbo	2009	12:29	Jenine Abedrabbo	2008	12:29	Alana Bittner	2011	12:50	Connor Ward	2007
12:58	Nicole Pardo	2001	12:42	Lindsay Deal	2002	12:30	Maria Heyden	2004	12:55	Kelsey Skinner	2004
13:02	Melissa Barnhill	2001	12:45	Raegan Walts	2010	12:34	Jessica Kenney	2010	12:56	Ashley Bird	2005
13:03	Virginia Howe	2005	12:50	Megan Deal	2003	12:39	Clara Poston	2006	12:56	Martha Adams	2010
13:04	Andrea Roberts	2008	12:51	Chelsea Nuanes	2006	12:39	Kelsey Viertel	2009	13:03	Dana Ramstad	2006
13:09	Kayla Chitester	2005	12:55	Andrea Roberts	2007	12:39	Martha Adams	2011	13:04	Tiffany Pena	2002
13:20	Nicole Gonzales	2005	13:02	Virginia Howe	2004	12:41	Raegan Walts	2009	13:04	Andrea Roberts	2005