

2018 FMHS TRACK AND FIELD SCHEDULE

<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>
2/17	Byron Nelson Invitational	Texan Stadium by Northwest HS
2/22	Colony Invitational	The Colony High School
3/3	Coppell Relays	Coppell High School
3/8	Goldsmith Relays	Lewisville High School
3/17	Southlake Distance Festival	Carroll High School
3/24	Jaguar Invitational	Flower Mound High School
*3/30-3/31	Texas Relays	Austin, Texas
4/4-4/5	District 5-6A Championships	Texan Stadium (Northwest HS)
*4/18-4/19	Area Championships	Texan Stadium (Northwest HS)
*4/27/-4/28	Region 1-6A Championships	University of Texas Arlington
*5/11-5/12	UIL State Championships	University of Texas

COACHES

Head Coach

Andrew Cook: Sprints and Distance
cooka@lisd.net

*Varsity only and must qualify

Assistant Coaches

Katy Dalak: High Jump
Parker Liles: Sprints and Relays
Mike Chiaverini: Pole Vault
Brandon Gray: Shot Put and Relays
Brian Merrick: Hurdles
Jordan Morales: Long and Triple Jump
Rob Dilts: Discus