

# FMHS Men's Top 5 Track Records

## 100M

Denny Nedd	10.47
Coby Kelley	10.49
J.T. McDonald	10.71
Troy Woodruff	10.84
Ryan Bewley	10.87

## 110M Hurdles

Michael Smith	13.87
Anthony Parisi	14.56
Addison Roberts	14.75
Jason Hager	15.04
Anthony Santiago	15.14

## Shot Put

Jeramey Dockery	52' 10"
Josh Meek	49' 10"
Chase Smith	49' 8"
Chris Avery	48' 10"
<b>Jacob Cote</b>	<b>48' 0.5"</b>

## 200M

Ryan Bewley	21.66
Denny Nedd	21.98
Coby Kelley	22.14
Joshua Bennett	22.24
Matt Gwartney	22.32

## 300M Hurdles

Michael Smith	37.44
Anthony Parisi	37.89
Addison Roberts	38.80
Anthony Santiago	39.27
Perry Watson	39.46

## Discus

James McAfee	154' 8"
Jeramey Dockery	150' 6.5"
Chris Avery	147' 5"
Chris Schild	145' 3"
Tiaan Herselman	144' 11"

## 400M

Josh Smith	48.17
Joshua Bennett	49.01
Tyler Steen	49.27
Andrew Sumpter	49.65
Freddie Jackson	50.38

## 2k Steeplechase

Anthony D'Ambrosio	6:34.25
Edward Marcoe	6:37.33

## Pole Vault

Conor Hazboun	15' 3"
Adam Frisbie	14' 6"
Kyle Mann	14' 6"
Wesley Waycoff	14' 0"
Adam Haworth	14' 0"
Harrison Cui	14' 0"

## 800M

Freddie Jackson	1:52.91
Josh Smith	1:54.08
Connor Adams	1:54.31
Justin McMillin	1:55.28
Wesley Ward	1:55.52

## 5000M

Alex Maier	14:26.95
Jarrett Kirk	14:40.95
Thomas Romanow	15:04.98
Jonathan Flint	15:53.46
Payton Ash	16:19.27

## High Jump

Jack Spinks	7' 0"
Zach Zimmerman	6' 6"
Greg Spinks	6' 6"
Wade Walter	6' 6"
Casey Dawson	6' 4"

## 1600M

Alex Maier	4:09.41
Connor Adams	4:11.64
Jarrett Kirk	4:15.43
Wesley Ward	4:15.68
Zachariah Hamstra	4:16.02

## Long Jump

Isaiah Brown	23' 6.5"
Jack Spinks	21' 8.5"
Dion Meehan	21' 8.25"
Rahul Batlanki	21' 7.75"
Vaughn Deary	21' 6.75"

## 3200M

Alex Maier	8:52.30
Jarrett Kirk	9:07.56
Brett Olson	9:08.46
<b>Thomas Romanow</b>	<b>9:12.73</b>
Zachariah Hamstra	9:15.61

## Triple Jump

<b>Rahul Batlanki</b>	<b>45' 8.75"</b>
Nicholas Boudreaux	44' 8"
Jack Spinks	44' 7"
Vaughn Deary	44' 3"
Michael Osondu	43' 9"