

FMHS Women's Top 5 Track Records

100M

Dephanie Adeyemi	11.72
Dayana Felicien	11.97
Jordyn Hayslet	12.05
Jennifer Hart	12.28
Emma Hoang	12.51

1600M

Natalie Cook	4:36.96
Samantha Humphries	4:44.90
Nicole Humphries	4:49.73
Anastaysia Davis	4:54.07
Connor Ward	4:54.21

Triple Jump

Stacey Blaylock	37' .5"
Kellie Wanhanan	36' 8.25"
Katie Pottorff	36' 5"
Raeann Silver	35' 9.5"
Crystal Trowers	35' 6.25"

100M Wheelchair

Abigail Counts	18.28
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3200M

Natalie Cook	9:48.25
Samantha Humphries	10:23.68
Alexandra Fox	10:30.58
Safiya Belbina	10:31.18
Laura Fairchild	10:37.63

Shot Put

Lauren Cox	38' 4"
Casey King	36' 10"
Halee Jackson	35' 9.75"
Karisten Bowie	35' 3"
Lauren Drew	34' 8.5"

200M

Dephanie Adeyemi	23.82
Dayana Felicien	25.06
Emma Hoang	25.37
London Gray	25.75
Elizabeth Osondu	26.12

100M Hurdles

Tonia Adeyemi	14.16
Eva Vreeland	14.35
Angela Hart	14.64
Lauren Johnson	14.88
Grace Bettencourt	15.28

Discus

Lauren Cox	121' 3"
Laren Drew	111' 4"
Casey King	110' 10"
Madalyn Blackwell	110' 5"
Brooklyn Emuakhagbon	106' 11"

400M

Elizabeth Osondu	54.93
Emma Hoang	57.65
Dephanie Adeyemi	57.69
Kelley Pry	57.78
London Gray	57.96

300M Hurdles

Eva Vreeland	42.85
Rachael Grossman	43.80
Tonia Adeyemi	44.80
Emily Chambliss	45.38
Emma Mclaughlin	46.04

Pole Vault

Raegan Smith	11' 6"
Amanda Quinn	11' 6"
Maddison Goodin	11' 6"
Mikaela Honsinger	11' 0"
Grace Bettencourt	10' 6"
Hannah Vloitos	10' 0"
Kathleen Adams	10' 0"

400M Wheelchair

Abigail Counts	1:07.54
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5000M

Natalie Cook	15:25.93
Samatha Humphries	16:50.21
Safiya Belbina	16:54.90
Allie Lyda	17:44.37
Allison Buemi	18:17.99

Shot Put Wheelchair

Abigail Counts	17' 10.25"
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800M

Samantha Humphries	2:07.68
Nicole Humphries	2:08.30
Anastaysia Davis	2:09.26
Emma Hoang	2:12.35
Natalie Cook	2:12.50

Long Jump

Juhi Patel	17' 6.5"
Makayla Watson	17' 4.0"
Melody Criswell	17' 2.5"
Mela Baker	17' 1.5"
Kellie Wanhanan	17' 1.5"

High Jump

Riley Ward	5' 10"
Kristen Rice	5' 8"
Melody Criswell	5' 8"
Tonia Adeyemi	5' 6"
Grace Bettencourt	5' 6"