

# FMHS TRACK MEET SHEET

**BUS A DEPART:** 4:45 PM from Flower Mound High School

ALL ATHLETES IN SECTIONS 1-3

**BUS B DEPART:** 6:30 PM from Flower Mound High School

ALL ATHLETES IN SECTIONS 4-7

[HEAT SHEETS](#) WITH SECTIONS

<b>Southlake 3200- 8/20/22</b>			
<b>Location: Dawson Middle School</b>			
		<b>Check - IN</b>	<b>Start Time</b>
Girls 3200	Section 1	5:55pm	6:05pm
Boys 3200	Section 1	6:20pm	6:30pm
Girls 3200	Section 2	6:40pm	6:50pm
Boys 3200	Section 2	7:00pm	7:10pm
Girls 3200	Section 3	7:20pm	7:30pm
Boys 3200	Section 3	7:35pm	7:45pm
Girls 3200	Section 4	7:50pm	8:00pm
Boys 3200	Section 4	8:05pm	8:15pm
Girls 3200	Section 5	8:20pm	8:30pm
Boys 3200	Section 5	8:35pm	8:45pm
Boys 3200	Section 6	8:50pm	9:00pm
Girls 3200	Section 6	9:05pm	9:15pm
Boys 3200	Section 7	9:20pm	9:30pm
<b>**Race Sections are run from Slowest to Fastest**</b>			
<b>**Athletes must have BIBS on at Check in**</b>			
<b>*Race Check will be located at Starting line &amp; NO WATCHES*</b>			

**BUS RETURN:** Approximately 10:30 PM

**MEET SCHEDULE:** 6:05 PM races will start and be seeded slowest to fastest.

**LOCATION:** Dawson Middle School (400 S Kimball Ave, Southlake, TX 76092)

**WHAT TO BRING:** Uniform, backpack, water bottle, snack

**SIGNING OUT:** Athletes may leave after racing and completing their cool down. Parents may sign their child out with one of the FMHS coaches.

**DROP THE HAMMER!!!**

