

2022 FMHS XC SCHEDULE

<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>
8/20	Southlake 2 Mile	Carroll High School
8/27	Greenhill Relays	Norbuck Park, Dallas
9/3	Telaneus Invitational	North Lakes Park, Denton
9/10	Flower Mound Invitational	Shadow Ridge, Middle School
*9/16	Woodbridge Invitational	Irvine, California
9/17	Lovejoy Invitational	Myers Park, McKinney
9/24	Milesplit Invitational	South Lakes Park, Denton
10/1	Nike South Invitational	Bear Branch Park, The Woodlands
10/15	District 6-6A Championships	North Lakes Park, Denton
*10/24	Region 1-6A Championships	Mae Simmons Park, Lubbock
*11/4	UIL State Championships	Old Settlers Park, Round Rock
*11/19	NXN South Regionals	Bear Branch Park, The Woodlands
*12/3	NXN Championships	Portland, Oregon

COACHES

Head Coach
Andrew Cook
cooka@lisd.net

Principal
Chad Russell- FMHS
Jeff Brown- FM9

Assistant Coaches
Clint Davidson
Michael Horstmeyer
Melissa Cook

*Varsity and must qualify

Athletic Director
Brian Basil
Sherika Nelson