

# FMHS TRACK AND FIELD

DISTRICT 6-6A CHAMPIONSHIPS 4/12-4/13 @ FLOWER MOUND HIGH SCHOOL

## 4/12 MEET SCHEDULE

- 12:30 PM** Athletes in Field Events dismissed from class
- 12:45 PM** Athletes in throwing events depart FMHS for Marcus High School
- 4:00 PM** Athletes in running events report to North Field House for team meeting

### Wednesday, April 12th, 2023

- 1:00PM Implement Weigh-In (Marcus High School)
- 1:30PM Scratch Meeting—Field House Team Room (South end of Stadium)

#### *SCRATCHES ONLY....*

<u>FIELD EVENTS</u>	<u>2:00PM</u>	<u>3:30PM</u>
JV Pole Vault	Boys	Girls
Varsity Long Jump	Girls	Boys
Varsity Discus	Boys	Girls (@ MARCUS HS)
JV Shot Put	Girls	Boys (@ MARCUS HS)
JV Triple Jump	Boys	Girls
JV High Jump	Girls	Boys

<u>5:30PM</u>	<u>Running Preliminaries</u>	<u>JVG/VG/JVB/VB</u>
5:30 PM	100M Hurdles	JVG/VG
5:45 PM	110M Hurdles	JVB/VB
6:00 PM	100M	JVG/VG/JVB/VB
6:25 PM	400M	JVG/VG/JVB/VB
6:50 PM	3200	JVG/JVB
7:25 PM	300M Hurdles	JVG/VG/JVB/VB
7:45 PM	200M	JVG/VG/JVB/VB
8:10 PM	3200	VG/VB

### LOCATION

FMHS for all events except throwing events. Throwing events at Marcus High School

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DISTRICT 6-6A CHAMPIONSHIPS 4/12-4/3 @ FLOWER MOUND HIGH SCHOOL

## 4/13 MEET SCHEDULE

- 12:30 PM** Athletes in Field Events dismissed from class
- 12:45 PM** Athletes in throwing events depart FMHS for Marcus High School
- 4:30 PM** Athletes in running events report to North Field House for team meeting

### Thursday, April 13th, 2023

1:00PM Implement Weigh-In  
1:30PM Scratch Meeting—Field House Team Room (South end of Stadium)  
**SCRATCHES ONLY...**

<b>FIELD EVENTS</b>	<b>2:00PM</b>	<b>3:30PM</b>
Varsity Pole Vault	Boys	Girls
Varsity Shot Put	Boys	Girls (@ MARCUS HS)
Varsity Triple Jump	Boys	Girls
Varsity High Jump	Girls	Boys
JV Long Jump	Girls	Boys
JV Discus	Boys	Girls (@ MARCUS HS)

5:50PM National Anthem

### **6:00PM** *Running Finals* *JVG/VG/JVB/VB*

6:00 PM 4x100M Relay  
6:20 PM 800M  
6:50 PM 100M Hurdles  
7:00 PM 110M Hurdles  
7:10 PM 100M  
7:30 PM 4x200M Relay  
8:00 PM 400M  
8:20 PM 300M Hurdles  
8:40 PM 200M  
9:00 PM 1600M  
9:30 PM 4x400M Relay

### LOCATION

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